April 2021

LYERLY ELEMENTARY SCHOOL





Cafeteria Manager: Jessica Cabe



Fitness Tip: Find ways to increase physical activity. You could try to:

- Play a sport like basketball, softball, or soccer
- · Walk, skate, or cycle more
- Do stretches, exercises, or pedal a stationary bike while watching TV

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Monday	Tuesday	Wednesday	Thursday	Friday
		*	Hamburger OR Chicken Tender w/ roll Fries Green Beans Fruit & Choice of Milk	No School/Teacher Workday 2
SPRING BREAK	6 SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
Chicken Nuggets OR Cheese Sticks w/ marinara Broccoli w/ cheese Sweet Potato Fries Fruit & Choice of Milk	Chicken Fajita OR Manwich Salad Cubed Potatoes Fruit & Choice of Milk	Corndog OR Fish Sandwich Slaw Baked Beans Fruit Choice of Milk	Popcorn Chicken OR Shrimp w/ hushpuppies Corn & Okra Fruit Choice of Milk	Hotdog OR Hamburger Chips Peas & Carrots Fruit Choice of Milk
Steak Nuggets w/ roll OR Pizza Corn Veggie Cup Fruit & Choice of Milk	Taco Salad OR Burrito Salad Refried Beans Fruit Choice of Milk	Chicken Alfredo OR Steak Sliders Peas & Carrots Celery Sticks Fruit & Choice of Milk	Manager's Choice 22	Chicken Sandwich OR BBQ Sandwich Baked Beans Carrots w/ dip Fruit & Choice of Milk
Grilled Cheese OR PB&J w/ cheese stick Goldfish Carrots w/ dip Fruit & Choice of Milk	Cowboy Nachos OR Chicken Soft Taco Salad Corn Fruit & Choice of Milk	Hotdog OR Shrimp w/ hushpuppies Slaw Baked Beans Fruit & Choice of Milk	Pizza OR Spaghetti w/ garlic bread Salad Celery Sticks Fruit & Choice of Milk	Cheeseburger OR Manwich 30 French Fries Mac & Cheese Fruit Choice of Milk